



MacKillop Saints Academy Membership – 3 Steps

In 2020 we have revamped how we offer our Sports Academy at MacKillop Catholic College. This relaunch will see the academic year divided in to four focus periods for school sport, in line with the academic terms, to provide a clear framework in which we provide opportunities to train with qualified, experienced coaches in the areas of Rugby League, Rugby Union and now Hockey and Basketball.

As part of the relaunch of our Academy, we will be offering team membership and training for the reduced price of \$50 per term, per sport with a convenient focus of 'pay-per-use'. Monday and Friday Period 5 training sessions will be devoted to a specific sport each Term, as outlined below, however, each sport will also operate throughout the year dependant on the scheduling of competition opportunities.

Step 1: Choose Your Sports

Please indicate with an X which sports academies you wish to be part of

- | | | |
|---------------------------------------|---------------|-------------------------------|
| <input type="checkbox"/> Rugby Union | \$50 for Year | <i>Focus period in Term 4</i> |
| <input type="checkbox"/> Hockey | \$50 for Year | <i>Focus period in Term 3</i> |
| <input type="checkbox"/> Rugby League | \$50 for Year | <i>Focus period in Term 2</i> |
| <input type="checkbox"/> Basketball | \$50 for Year | <i>Focus period in Term 1</i> |

Step 2: Choose Your Extras

MacKillop Saints is proud to unveil our exciting extras packages for 2020. These extras are listed below, please note that some extras are only available in selected Terms.

Extra 1: Saints Gym Membership *Up to 20 x 40min training sessions included*

Our 2020 Gym Program will feature gym sessions focused on personalised strength and conditioning four afternoons a week. In 2020, male and female students from Years 10 – 12 will be eligible to take part in two sessions per week. **Students younger than Year 10 will require permission from parents, as well as an assessment from our Strength and Conditioning Coach.** Training will take place Monday - Thursday, 3:15pm – 4:30pm. Students may participate in the gym programme even if not a member of one of the sports listed above. **For those enrolled in the above listed sporting academies, it is highly recommended for best personal results that your gym membership and training be maintained all year round, and not just for the focus period of your sport.**

Schedule Females – **Monday and Thursday**
 Males – **Tuesday and Wednesday**

I would like to have gym membership in the following Terms (Please indicate with an X)

- TERM 1** (2 x 1 hr sessions per week 8 weeks in total: \$50)
- TERM 2** (2 x 1 hr sessions per week 8 weeks in total: \$50)
- TERM 3** (2 x 1 hr sessions per week 8 weeks in total: \$50)
- TERM 4** (2 x 1 hr sessions per week 8 weeks in total: \$50)

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Extra 2: Saints Running Club

Term 2 Only





In 2020, the MacKillop Saints Running Club returns with a focus on the NT City 2 Surf. Training will take place every Tuesday morning 6:30am - 7:30am. A standard complimentary breakfast will be served to runners from 7:40am - 7:50am (cereal & fruit). Entry into the NT City 2 Surf is included in Membership fees.

I would like to have MacKillop Saints Running Club membership in 2020.
(10 x 1 hr sessions per week, 10 weeks in total through Term 2: \$50)

Extra 3: Look the Part

In 2020 students have the option of some fantastic new MacKillop Saints merch and apparel!

Please indicate your selection with an 'X' below

SNAPBACK CAP - \$20 		BASEBALL CAP - \$20 	
BASEBALL CAP (new) - \$25 		BUCKET HAT - \$25 	
RUGBY CLUB PACK - \$130 <i>Includes: Polo shirt, Training shirt or singlet, Rugby Shorts, Socks</i>			

All teams have basic uniform requirements. Please contact Coaches for details

Office Use Only

TOTAL: \$ _____

Step 3: Sign Away

Student Name: _____ Homeform: _____ DOB: __ / __ / ____

Previous Sporting Experience: _____

I, _____ (Parent/Guardian) give permission for my son/daughter to join the MacKillop Saints Sports Academy. I understand the nature of the sports chosen and that injury may occur whilst participating. I give permission for my child to be treated by qualified first aid officers and/or ambulance officers if required. I give permission for my child to travel in suitable, College-approved transportation to all sporting events/games when required. I understand that my child's name and image may be published in public forums, including but not limited to social media, newspaper, public noticeboards and the College newsletter, to acknowledge achievements or as promotional material for the MacKillop Catholic College and the MacKillop Saints Sporting Association Inc. I understand that I will be invoiced and required to pay fees according to my selections outlined on this form.

PLEASE OUTLINE ANY PRE-EXISTING MEDICAL CONDITIONS BELOW:

Parent Name: _____ Parent Signature: _____ Date: __ / __ / ____

TERMS AND CONDITIONS

1. All excursions outside of the Darwin/Palmerston region will be billed separately with their own individualised participation forms.
2. Refunds on Sports and Extras will be only be issued until the end of Week Two of each Term. After this time, no refunds will be given.
3. The Rugby Club Pack will be issued by The Rugby Shop. Vouchers will be supplied to students for the collection of packs.
4. No monetary returns will be given on merchandise. Exchange may be available depending on the condition of the item.
5. Billing will occur in Week 3 of each Term. Outstanding balances are to be paid before the end of each Term.
6. Sporting events that occur outside of the term of training may be included as complimentary in membership price.
7. Students must return this form to participate in any games of inter school Rugby Union, Rugby League, Hockey or Basketball that occurs throughout the year.
8. All students participating in the MacKillop Sports Academy are covered by CCI's Student Care Insurance Policy. Details on this policy are attached, or available from the MacKillop Saints Sporting Association.
9. Gymnasium sessions will be replaced by games in the event of a situation where there is a conflict of scheduling.

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